



May, 2021 Newsletter

Welcome to IConnect: the prime destination for life enrichment activities and tech support for those 55+. We are excited to share what's coming up this month!

AmeriCorps Member Highlight

My name is Julionn Massey, affectionately known as “Angel.” I have lived in Cleveland all of my life. I joined the IConnect team after being a Caregiver for over 21 years. I became a full-time Caregiver during my employment at Ford Motor Company. I have advocated for seniors by securing line 44 in 2014, which secures financial programs dealing with Alzheimer’s in coordination with the Alzheimer’s Association of Greater Cleveland. Prior to the NEOGCC program ending, I served with them as a Representative for Caregivers of Northeast Ohio. I would share information and resources directly with my cohort to assist them in times of crisis with comforting conversation, resources, and aid or assistance as needed.



My education was interrupted several times in my life, but I am proud to say after 20 years I was determined to excel. I am a graduate of Cuyahoga Community College. My initial goal was to follow through with a nursing degree, but instead I received an Associate of Art. After a 20 year lay-off from my job and being forced to move to Kentucky for 4 years, I returned to school where I received a Bachelors in Business Management. My passion to reach my goal in education and travel led me to Ashland University where I completed my Masters while exploring a well-appreciated travel experience to Israel on the Holy Land Tour in 2018.

I am currently at a crossroad and having challenges at this stage of caregiving for my mom. She has had Vascular Dementia since 2002 when she had her initial stroke, and she recently had another stroke. The progression of dementia and the after effects from the stroke have left me in an unfamiliar territory where I have to make hard decisions.

I have a desire to pursue my PhD. I would like to address legislation to insure and secure more resources and rights for Caregivers and provide several wellness oasis facilities for people who make those sacrifices for others, as I have.

Program Participant Spotlight

Ms. Linda Hayes was born and raised here in Cleveland, Ohio, and her birthday is January 14. Ms. Hayes has one older sister. She says that her childhood was just great; her mother and father gave her everything that she could possibly want. She is a mother of two; her one surviving daughter lives in Atlanta, and she has six grandchildren and nine great-grandchildren! Her favorite vacation happened when she was 14. She flew by herself to Greenville, SC where she spent the summer with some cousins. She would like to make it out to Las Vegas someday. Her happiest memory is when she bought her home in 1988, and she still lives there today. Something she would still like to accomplish is to become a criminologist. She is fascinated by what motivates people in committing crime, and she loves any book written by Sidney Sheldon. Ms. Hayes is grateful for her good health and just the opportunity to still be here. She advises people to stay focused, stay strong and keep the faith. If she could tell her younger self anything, it would be: don't be in a hurry to grow up!



Mother's Day falls on May 9th this year. We wish a very Happy Mother's Day to all of our IConnect moms!!

The IConnect Book Club title for May is "Imagine Me Gone" by Adam Haslett. We will meet at 2PM on Tuesday, May 25, to discuss the book.

Please join us on Wednesday, May 26th for our "Charting Your Retirement" series. We will meet in the IConnect Zoom Room at 1:30PM to talk about the next phase of life. Please contact IConnect Program Director De'Neitra Brown at 216.298.4440 ext 23 to register. Previous attendance is not required.

May is Older Americans Month. The theme for OAM 2021 is "Communities of Strength." Come out to Crocker Park on Thursday, May 6, 2021 from 9AM-2PM for the Cleveland Senior Expo. Find out more [here](#). Visit the Ohio Department of Aging [here](#) to find out more about this special month of celebration.



Get Connected via:

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ALL FILMS BEGIN AT 2:30PM

Amargosa, May 3, 2021



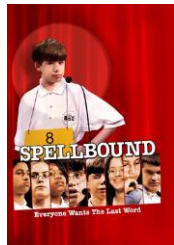
In the remote California ghost town of Death Valley Junction (pop 10) stands the Amargosa Opera House, where for the past 33 years former New York dancer and artist Marta Becket has performed her own ballets in the theater she spent seven years hand painting with stunning murals. (2000, 1hr 33m)

Black Mother, May 10, 2021



Part film, part baptism, in Black Mother director Khalik Allah brings us on a spiritual journey through Jamaica. Soaking up its bustling metropolises and tranquil countryside, Allah introduces us to a succession of vividly rendered souls who call this island home. (2018, 1hr 17m)

Spellbound, May 17, 2021



Eight youthful competitors, sponsored by their hometown newspapers, travel with their families to Washington, D.C., to compete in the 1999 Scripps National Spelling Bee. Now in the national spotlight and under heavy pressure to perform from parents, teachers and their audience, the children struggle to advance toward the championship - and its accompanying scholarships and cash prizes -- while approaching competitive spelling with the focus and intensity of Olympic athletes. (2002, 1hr 37 m)

The Wrecking Crew!, May 24, 2021



Music lovers will be astonished at the influence The Wrecking Crew wielded over rock and pop music in the 1960s and early 1970s. These unsung instrumentalists were the de-facto backing band on hit records by The Beach Boys, Phil Spector, Frank Sinatra, Nancy Sinatra, Sonny & Cher, Elvis, The Monkees and many more. These dedicated musicians brought the flair and musicianship that made the American "West Coast Sound" a dominant cultural force around the world. (2015, 1hr 41m)

*****May 31, 2021 ***NO FILM***HAPPY MEMORIAL DAY!!!!*****